

One Week Sample Menu - Lindum

	Breakfast	Lunch	Tea	Supper
Monday	Toast and Cereals	Cornish Pasty with Poataoes and Vegetables Choc Ices	Spaghetti on Toast Lemon Curd Tart	Milky Drink & Biscuits
Tuesday	Toast and Cereals	Liver & Onions with Chips & Peas Vienetta	Burger & Onions in a Bun Assorted Cakes	Milky Drink & Biscuits
Wednesday	Toast and Cereals	Cheese & Potato Pie with Sausages and Tomatoes Angel Delight	Beans on Toast Artic Roll	Milky Drink & Biscuits
Thursday	Toast and Cereals	Meatballs with Potatoes and Vegetables Jelly & Cream	Fish Finger Sandwiches Fresh Fruit	Milky Drink & Biscuits
Friday	Toast and Cereals	Fish / Sausage, Chips and Peas Yoghurt	Assorted Sandwiches Assorted Cakes	Milky Drink & Biscuits
Saturday	Toast and Cereals	Ham / Cheese Salad with Saute Potatoes Trifle	Soup & Crusty Bread Donuts	Milky Drink & Biscuits
Sunday	Toast and Cereals	Sunday Roast, with Yorkshire Pudding and Vegetables	Sausage Roll Crisps with Bread & Butter Cheesecake	Milky Drink & Biscuits