

One Week Sample Menu - Hillside Care Home

	Breakfast	Lunch	Tea
Monday	Shreddies, juice	Corned beef hash	Pizza
		Banana with custard	Angel delight
Tuesday	Coco pops, juice	Fish pie with vegetables	Ham and cheese omelette
		Apple pie with custard	Yogurt
Wednesday	Toast with jam, juice	Tuna, spaghetti and potato	Buffet tea
		Mousse	Trifle
Thursday	Shreddies	Cauliflower cheese	Fish fingers and chips
		Yogurt	Cake
Friday	Porridge & banana	Braising steak, vegetables and creamed potatoes	Jacket potato with cheese & beans
		Chocolate pudding	Trifle
Saturday	Sausage sandwich	Pie and chips	Buffet tea
		Apple pie with custard	Rice pudding
Sunday	Shreddies	Sunday Lunch	Bubble and squeak
			Trifle